

FY 21 CE Independent Study List

BOOKS (4 Credits)

Domestic Violence, Abuse, and Neglect

- The Dead Inside by Cyndy Etler
- Me & Emma by Elizabeth Flock
- Call Me Tuesday by Leigh Byrne
- Educated by Tara Westover
- Out of the Darkness by Eric Shelman and Stephen Lazoritz
- Memorial Drive by Natasha Trethewey

Sexual Abuse

- Damaged: The Story of a Forgotten Child by Cathy Glass
- Spilled Milk by K.L. Randis
- The House That Karen Built by Karen McConnell

Trauma, Brain Development, and ACES

- The Deepest Well by Nadine Burke Harris
- Born for Love by Maia Szalavitz and Bruce Perry
- The Boy Who Was Raised as a Dog by Bruce Perry and Maia Szalavitz
- Moment to Moment: Perspectives on Fetal Alcohol Spectrum Disorder by Ira Chasnoff
- The Body Keeps Score by Bessel Van der Kolk
- Trauma Stewardship by Lauren Van der Noot Lipsky and Connie Burk

Mental Health, Mental Illness, and Substance Abuse

- Cut: The Story of an Abandoned Little Girl by Cathy Glass
- Lost Connections by Johann Hari
- Breaking Night by Liz Murray
- The Glass Castle by Jeanette Walls
- Dreamland by Sam Quinones
- Crazy by Pete Early

Poverty

- All Souls: A Family Story from Southie by Michael Patrick MacDonald
- Etched In Sand by Regina Calcaterra
- On their Own by Martha Shirk and Gary Stangler
- Hand to Mouth: Living in Bootstrap America by Linda Tirado
- Nickel and Dimed: On (Not) Getting By in America by Barbara Ehrenreich
- Hillbilly Elegy: A Memoir of a Family and Culture in Crisis by J.D. Vance
- Heartland: A Memoir of Working Hard and Being Broke by Sarah Smarsh

- Evicted: Poverty and Profit in the American City by Matthew Desmond
- A New Day One by Rodney Walker
- There Are No Children Here: The Story of Two Boys Growing Up in the Other America by Alex Kotlowitz

Diversity, Race, and LGBTQ Issues

- Motherhood So White: A Memoir of Race, Gender, and Parenting in America by Nefertiti Austin
- Another Hill and Sometimes A Mountain by Tim Green
- Enrique's Journey: The Story of a Boy's Dangerous Odyssey to Reunite with His Mother by Sonia Nazario
- The Other Wes Moore by Wes Moore

The Foster Care System

- Another Place at the Table by Kathy Harrison
- The Boy No One Loved by Casey Watson
- Children of the Manse by Lewis Richard Luchs
- Garbage Bag Suitcase by Shenandoah Chefalo
- Three Little Words by Ashley Rhodes-Courter
- The Women Who Raised Me by Victoria Rowell
- To the End of June by Cris Beam
- One Kid at a Time by Jake Dekker
- Hope's Boy by Andrew Bridge

FILMS (3 Credits unless otherwise noted)

Domestic Violence, Abuse, and Sexual Abuse

- Precious
- Healing Neen
- Rewind
- Cracked Up: The Darrell Hammond Story
- The Trials of Gabriel Fernandez (6 credits)

Trauma, Brain Development, and ACES

- Broken Places
- Paper Tigers

Diversity, Race, and LGBTQ Issues

- Race – The Power of an Illusion
- Netflix Documentary Series: Living Undocumented (2 credits per episode)
- Icebox

The Foster Care System

- Instant Family
- HBO Documentary: Foster
- From Place to Place
- Unadopted <https://www.youtube.com/watch?v=h6vdKVyNedc> (2 Credits)

ARTICLES (2 Credits)

Domestic Violence, Abuse, and Neglect

- The Girl In The Window by Lane DeGregory (2 credits each)
 - Original Story: <https://www.tampabay.com/projects/girl-in-the-window/danielle/>
 - Three Years Later: <https://www.tampabay.com/projects/girl-in-the-window/three-years-later/>
 - Ten Years Later: <https://www.tampabay.com/projects/girl-in-the-window/neglect-feral-child-ten-years-later/>

Mental Health, Mental Illness, and Substance Abuse

- Psychotropic Medication and Children in Foster Care by JoAnne Solchany
https://www.americanbar.org/content/dam/aba/administrative/child_law/PsychMed.authcheckdam.pdf
- Heroin Addiction Explained: How Opioids Hijack the Brain
<https://www.nytimes.com/interactive/2018/us/addiction-heroin-opioids.html?smid=fb-share>

Diversity, Race, and LGBTQ Issues

- Supporting Cultural Identity for Children in Foster Care by Ariella Hope Stefanson
https://www.americanbar.org/groups/public_interest/child_law/resources/child_law_practiceonline/january--december-2019/supporting-cultural-identity-for-children-in-foster-care/
- Foster Care as Punishment: The New Reality of 'Jane Crow' By Stephanie Clifford and Jessica Silver-Greenberg <https://mobile.nytimes.com/2017/07/21/nyregion/foster-care-nyc-jane-crow.html>
- LGBTQ Youth in the Foster Care System:
https://assets2.hrc.org/files/assets/resources/HRC_Youth_Foster_Care-issue_brief_FINAL.pdf

The Foster Care System

- When Should a Child Be Taken from His Parents? By Larissa MacFarquhar
<https://www.newyorker.com/magazine/2017/08/07/when-should-a-child-be-taken-from-his-parents>
- Foster Care as Punishment: The New Reality of 'Jane Crow' By Stephanie Clifford and Jessica Silver-Greenberg <https://mobile.nytimes.com/2017/07/21/nyregion/foster-care-nyc-jane-crow.html>
- Psychotropic Medication and Children in Foster Care by JoAnne Solchany
https://www.americanbar.org/content/dam/aba/administrative/child_law/PsychMed.authcheckdam.pdf

WEBINARS/ONLINE VIDEOS (Credits Individually Determined)

Domestic Violence, Abuse, and Neglect

- Honor Our Voices - <http://www.honourourvoices.org/> (3 credits)

Sexual Abuse and Problematic Sexual Behaviors

- Children With Problematic Sexual Behavior (2 credits per module)
<http://masoc.net/resources/webinars/178-new-free-webinar-series-about-children-with-problematic-sexual-behavior.html>

Trauma, Brain Development, and ACES

- Opioids and Early Adversity: Connecting Childhood Trauma and Addiction
<https://www.youtube.com/watch?v=ZjjsPOgZ9gI> (2 credits)
- The Impact of Adulthoodification on Child Survivors of Trauma
<https://www.youtube.com/watch?v=9dxQ9FxcYpE> (3 Credits)
- How does Trauma Affect a Child's DNA <https://www.npr.org/2017/08/25/545092982/nadine-burke-harris-how-does-trauma-affect-a-childs-dna> (2 Credits)
- Child Trauma Academy <https://childtrauma.org/cta-library/> (2 Credits per Article or Video)
- Virginia Summit on Childhood Trauma and Resilience <https://vakids.org/join-us/events/virginia-summit-on-childhood-trauma-and-resilience>
 - KEYNOTE Speech 1st Video (2 Credits)
 - POLICY PANEL 2nd Video (2 Credits)
- Fairfax-Falls Church Community Services Board Kognito Courses <https://fairfax.kognito.com/>
 - At-Risk for Elementary School Educators (2 Credits)
 - At-Risk for Middle School Educators (2 Credits)
 - At-Risk for High School Educators (2 Credits)

Mental Health, Mental Illness, and Substance Abuse

- Psychotropic Drugs 101 <http://www.youtube.com/watch?v=1NnqvIVnZGk&feature=youtu.be> (3 Credits)
- Opioids and Early Adversity: Connecting Childhood Trauma and Addiction
<https://www.youtube.com/watch?v=ZjjsPOgZ9gI> (2 credits)

Diversity, Race, and LGBTQ Issues

- Mitigating Bias and Disparity in the Juvenile Court System
<https://www.youtube.com/watch?v=oB6iES1i-54&=&feature=youtu.be> (3 Credits)
- National CASA: Parents with LGBTQ Youth
<https://www.youtube.com/watch?v=rOmmnWj397s&=&feature=youtu.be> (2 Credits)
- Foster Care's Invisible Youth <https://www.youtube.com/watch?v=nuSikwpqazA> (2 Credits)
- Fairfax-Falls Church CSB Kognito Course: Step In, Speak Up! <https://fairfax.kognito.com/> (2 Credits)
- Advancing Changes to Promote Well-Being for LGBTQ Youth of Color Impacted by Child Welfare and Juvenile Justice Systems <https://hrc.wufoo.com/forms/?formname=register-to-view-acaf->

[recorded-webinar&field20=Advancing%20Change%20to%20Promote%20Well-Being%20for%20LGBTQ%20Youth%20of%20Color%20Impacted%20by%20Child%20Welfare%20and%20Juvenile%20Justice%20Systems](#) (2 Credits)

- Advocating for LGBTQ Youth with Disabilities: A Guide on Supporting LGBTQ Students with an IEP or 504 Plan <https://hrc.wufoo.com/forms/?formname=register-to-view-acaf-recorded-webinar&field20=Advocating%20for%20LGBTQ%20Youth%20with%20Disabilities> (2 Credits)
- Creating an Atmosphere of Affirmation & Love for Trans Youth: Lessons from Former Foster Youth Turned Adoptive Parent <https://hrc.wufoo.com/forms/register-to-view-acaf-recorded-webinar/def/field20=Creating%20an%20Atmosphere%20of%20Affirmation%20and%20Love%20for%20Trans%20Youth> (2 Credits)
- Supporting Bisexual & Pansexual Youth <https://tinyurl.com/y5xgjxds> (2 Credits)
- Supporting Trans & Gender-Expansive Youth <https://tinyurl.com/yyju7ath> (2 Credits)

PODCASTS (Credits Individually Determined)

- Aging Out Institute: Interview with PA CASA Youth Advocates: https://agingoutinstitute.org/aoipodcast/?fbclid=IwAR2kkvCBZN-D7HOLXyQX7b8vQgKXPhLrLvX8elnMcH-rznZ_5exKDG3uXwE (2 credits)
- County Conversations: Kinship Family Institute with Nanette Bowler: <https://soundcloud.com/fairfaxcounty/county-conversation-kinship-family-institute> (2 credits)
- Foster Care: A Path to Reunification
 - Pt. 1: <https://www.acf.hhs.gov/cb/resource/child-welfare-podcast-foster-care-part1> (2 credits)
 - Pt. 2: <https://www.acf.hhs.gov/cb/resource/child-welfare-podcast-foster-care-part2> (2 credits)
- Missing & Murdered: Finding Cleo Season 2 <https://radiopublic.com/missing-murdered-finding-cleo-8Xrwr4> (6 Credits)
- National Children's Alliance: One in Ten <https://www.buzzsprout.com/280046> (2 credits each)
- On the Line with CWLA <https://player.fm/series/on-the-line-with-cwla> (2 credits each)
- Second Stories <https://radiopublic.com/second-stories-G2nEMy> (2 credits per full length episode)
- Septic <https://www.stitcher.com/podcast/the-roanoke-times/septic> (4 Credits)